Kirkurd & Newlands Parish Magazine June 2022



All things bright and beautiful
All creatures great and small

All Services back in Church



We are now holding weekly services back in church again and everyone is very welcome to attend. Zoom services are still being held at Carlops at 10am and St Andrews West Linton at 11.30am. For more information contact Jean Howat. howat-jean@gmail.com 01968 660677

West Tweeddale Parishes

Date		ite	Carlops	Kirkurd & Newlands	West Linton
			10 am	10 am	11.30 am
05	June	2022	Rev Tony Foley	Kevin Scott	Rev Tony Foley
12	June	2022	Rev Chris Levison	Peter Worthington Rev Chris Leviso	
19	June	2022	Patsy Campbell	Rev Tony Foley Patsy Campbe	
26	June	2022	Stephen Whalley	Fiona Burnett Stephen Whall	

Welcome: Fay Young and Jim Brown

Church Cleaning: Eleanor Davenport



Date		Broughton	Skirling	Tweedsmuir
		11 am	11.30 am	9.30 am
05	June 2022	Fiona Burnett	Kevin Scott	Fiona Burnett
12	June 2022	David Howat	Peter Worthington David Howat	
19	June 2022	Isobel Hunter	Rev Tony Foley Isobel Hunter	
26	June 2022	Rev Tony Foley	Fiona Burnett Rev Tony Foley	

Disturbance versus Distress

"Everything can be taken from a man but one thing: the last of the human freedoms—to choose one's attitude in any given set of circumstances, to choose one's own way."

Viktor E. Frankl, Mans Search for Meaning.

I lived in Taiwan for 15 years. During that time cockroaches became a normal part of everyday life. One of my most vivid memories of cockroach encounters happened while visiting one of my favourite eating places in our village. That day a group of American tourists stopped to sample the local cuisine. As they sat at table a medium sized brown cockroach flew and landed on one of the ladies. She immediately started screaming out of fear and agitation. With a panic-stricken face and trembling voice, she started jumping up and down, waving her hands in the air desperately trying to get rid of the cockroach. As the table toppled over sending food and dishes to the floor her reaction quickly spread to everyone in her group who also got panicky. The lady finally managed to push the cockroach away, but the cockroach quickly landed on another lady in the group. She too immediately jumped up and started screaming and waving her hands in the air.

The owner of the café rushed out to help and as he did the cockroach landed on him. He stood perfectly still, composed himself and watched the behaviour of the cockroach as it moved across his shirt. Then he quickly and quietly seized the cockroach in his hand and threw it out of the café. The visitors made loud protests about hygiene and refusing to pay for their meal they quickly left the café. As a bemused observer it made me wonder who or what was responsible for their histrionic behavior? Was it the cockroach? If so, then why was the owner not disturbed? He managed the whole situation with near perfection, without any histrionics. I suspect it was not the cockroach, but the inability of those people to manage the disturbance caused by the cockroach, which caused their distress. While watching this scenario, I realized that often it is not what happens to us that causes our greatest distress but our response those things that disturb or disrupt our everyday lives that exacerbates our distress. In other words, it is not our problems but our reaction to our problems that creates a lot of the chaos in our life. Perhaps that is part of what Jesus was getting at when he said:

Here's another old saying that deserves a second look: 'Eye for eye, tooth for tooth.' Is that going to get us anywhere? Here's what I propose: 'Don't hit back at all.' If someone strikes you, stand there and take it. If someone drags you into court and sues for the shirt off your back, gift-wrap your best coat and make a present of it. And if someone takes unfair advantage of you, use the occasion to practice the servant life. No more tit-for-tat stuff. Live generously.

Matthew 5:38-42

Peace,

Tony





Queen's Platinum Jubilee Garden Party Thursday 2nd June at 1.30pm

To celebrate the Platinum Jubilee there will be a Garden Party at Newlands School for the children, their parents and members of the community and the church.

Come along from 1.30pm onwards for music, cakes and a special Jubilee presentation. You should bring a folding picnic chair and a reusable cup for tea or coffee.

For more information contact Jean Howat, howatjean@gmail.com

Kirkurd & Newlands Service Sunday, 5th June 2022, 10.00 am

We would like to add a little "extra" to commemorate the Queen's Jubilee! If you have any "Royal" memorabilia, mugs, coins, etc. let us know, so that we can make up a small exhibition. We plan to have cakes with coffee and tea afterwards, which could be outside if the weather is ok.

Most of all, it would be lovely if you could keep that morning free and come along and join us! Please let us know if you'd like to help, contribute and come. Thanks, Fay Young & Jean Howat howatjean@gmail.com



LAMANCHA COMMUNITY HUB

We are back to normal now and open for bookings. BBQ weather is now upon us so why not book a session for only £15 and if you want us to provide charcoal that will be an additional £5.

Kids parties are held in the big room and chargeable by the hour. (£10) There is also seating in the garden and a kids play area too.

Our community cafe is open every Wednesday from 10am till 2pm.

See us on facebook.

Cilla Davidson

THE OPEN GATE PHONELINE

Perhaps you know someone who is wanting some counselling help for a problem. If so, pass on the contact number for The Open Gate, where they can find free, confidential and early help from a phone or video-call at a time to suit.

Telephone: 07535 898 244

Presbytery Autumn Conference

Melrose and Peebles Presbytery are organising a conference on Saturday 1st October at the Macdonald Hotel, Cardrona, Peebles from 9.30am – 4pm.

The theme is 'Growing Your Church' and there will be two keynote speakers who will share their insight and experiences of growing the church in their community. It is hoped that this will inspire everyone to look to the future with confidence and enthusiasm for this important job.

For an application form and for more information contact Jean Howat howatjean@gmail.com

Lamancha, Newlands and Kirkurd Community Council



Annual General Meeting

at 7.30pm, Wednesday 15 June 2022

at the Newlands Centre Romanno Bridge

The May meeting and AGM had to be cancelled due to illness.

Apologies to anyone inconvenienced.

Everyone is welcome and this is a good opportunity to come along and meet the local people representing your interests in the area.

We have a new Facebook page which will keep you up to date on meetings and local issues

KIRKURD SWI



Peeblesshire Agricultural Show will be held on Saturday 13th. August 2022.

Kirkurd is on the raffle table 1:00 - 4:00 Viv, Mo, Doreen + ANO

Entries for the industrial section to the Peeblesshire SWI secretary by 31st. July. Full schedule and entry form available from: secretarypeeblesswi@gmail.com

Kirsty Orr, 8 Peggies Knowe, Dolphinton. EH46 7AL Mobile: 07940 234 617

Date, Banana & Rum Loaf

Method:

Heat oven to 180/fan 160c/gas 4. Line 2 x 1lb loaf tins with non-stick baking paper, using a little oil to make it stick. Put the dates into a small pan with 200ml boiling water and simmer for 5 mins. Drain the liquid into a jug, then put the dates into a food processor. Add the bananas and 100ml of the date liquid and whizz until smooth. Mix the nuts, dried fruit, polenta, spice, and baking powder in a bowl, then add the date puree and rum, and stir until combined.

Whisk the egg whites to soft peaks and fold into the cake mix. Tip into the tins (they will be quite full) then top with the remaining pecans and the banana chips and sugar, if using. Bake for 1 hour until golden and crusty and a skewer comes out clean. Cool completely before cutting into slices.

<u>Ingredients</u>

250g pack stoned, ready to eat dates 2 small or 1 large bananas (140g/5oz in weight)

100g pecan, 85g/3oz roughly chopped, rest left whole

200g raisin

200g sultana

100g fine polenta

2 tsp mixed spice

2 tsp baking powder (use gluten free if needed)

3 tbsp dark rum

2 egg whites

A few banana chips and 1 tsp sugar (optional) to decorate

Peebles Agricultural Show Schedule 2022

Class	Section 1	Class	Section 3
1	3 dropped scones	25	Knitted baby hat 4 ply– to be donated (no holes)
2	3 cherry oven scones	26	Knitted childs hoodie
3	2 empire biscuits	27	Pair knitted socks
4	3 brown rolls using yeast	28	Crochet xmas decoration in 20
5	Date, banana & rum loaf (recipe provided)	28	Item in wool crochet DK
6	Plain gingerbread approx. 1lb	30	Fantasy creature – any craft
7	2 petticoat tails	31	Article in bead work
8	Border tart approx 4 in	32	Handwritten envelope addressed to the Show Secretary
9	2 chocolate eclairs	33	Pencil drawing
10	2 decorated cup cakes	34	Painting of a tree in any medi- um
		35	Recycled item
Class	Section 2	36	Item of jewellery
11	Individual quiche	37	Photo 6"x8" - 'Circles'
12	Small bottle of home made lemonade	38	Photo 6"x8" - Insects
13	Glass of lemon mousse		
14	Small portion savoury dip	Class	Section 4 - Men only
15	6 squares of tablet	39	Chocolate sponge
16	Raspberry jam		
17	Lemon curd	Class	Junior Section (7 years and under)
18	Strawberry jam	40	Fruit and vegetable animal
19	Fresh apricot jam	41	Drawing of a birthday cake
20	Sweet chilli jam	42	Crispy cake birds nest
21	Fruit jelly – any variety		
22	Small floral exhibit in a cup cake case not exceeding 6"x6"x6"	Class	Junior Section (8-12 years)
23	Show day – floral exhibit of natural plant material 2ftx2ft 'Queens jubilee'	43	Fruit and vegetable animal
24	Hand tied bunch garden flowers to be displayed in water	44	Decorated stone
		45	Bird Box

Garden Ramblings

At the time of writing we are at the end of May and spring was a wee bit short on sunshine and rain but that has advantages too as we had a longer spell of enjoying our daffodils and my favourite tulips, especially the lily flowered varieties in all their jewel colours. I have already scribbled a memo in the desk diary for September to order more for next year.

Looking out at the back garden there is the most beautiful white broom which is laden with blossom this year. I would recommend it for any garden. Close by are self seeded pink campion which does very well here. Sometimes Mother Nature knows best. In the garden here you will also find honesty in purple and white forms and they came as seed from a holiday in Cornwall several years ago and who doesn't love the silver seed capsules in Autumn? A neighbour also gave me some feverfew seeds a long time ago and they too come up in the most unusual places.

I never need to use any fertilizers here as the soil is in good heart. Just don't be too tidy in the end of year tidying up. Apart from crocosmias whose leaves are a nightmare I don't cut back and the foliage dies down and feeds the soil. Beneficial too for our ladybirds are plants with hollow stems such as lupins where they can shelter overwinter.

Still to come are all our favourite perennials and tubs and hanging baskets of annuals. Can't wait.....

Happy gardening everyone.

Cilla Davidson

NEWLANDS SWI

SWI Scottish Women's Institutes

Our AGM was held on 21st April where we elected a scottish Women's Institutes committee for next session starting in September in the cosy cafe at the Lamancha Hub.

We have also changed the evening meetings to a Thursday so more people can come. Plenty ideas were mooted by all, so we should have an interesting few months. By popular request we are hoping to have Velvet Hall Alpacas back.

Cilla Davidson

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Stoney Knowe, Romanno Bridge

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Church Mr David Howat **Guild President** Mrs M Habeshaw

Treasurer StoneyKnowe Damside

Romanno Bridge Romanno Bridge

01968 660677 01968 660887

Adventurers Mrs Jean Howat and Mrs Ilka Roehe

Please contact your elder or Ilka Roehe by email if you would like a digital copy or large-print copy of the Parish magazine sent to your email address.

Material for the July/August magazine to *ilka.roehe@btinternet.com* by Tuesday, 28 June 2022.



Newlands and Kirkurd Parish Church



http://www.newlands-kirkurd.org.uk/

Scottish Charity Number

SCO 18087